

Workshop #1: LGBTIQ+ 101

Language, Empathy and Allyship

Logistics:

- **Length:** 3 hours (2 hour session available)
- **Delivery:** Online or in person (in person workshops may incur added travel fee when outside of metropolitan Melbourne)
- **Cost:** Prices vary according to the length and location of the workshop as well as the number of participants

Outcomes:

- To develop a deeper understanding of the terminology surrounding the LGBTIQ+ communities.
- To develop empathy for the day-to-day experiences of LGBTIQ+ people in our society.
- To become familiar with the latest research findings on LGBTIQ+ people in Australia.
- To feel confident when using gender pronouns.
- To learn how to manage honest language errors.
- To learn practical ways of becoming a stronger LGBTIQ+ ally.
- To receive answers to burning questions relating to the LGBTIQ+ communities.

Workshop Summary:

This interactive and conversational workshop provides a supportive space for participants to explore the terminology and everyday experiences of LGBTIQ+ people in our society. The content draws from current research and the workshop format flows between presenting, group discussions and breakaway activities. We use a strengths-based learning framework to ensure participants can engage with the content in a safe, productive and judgement-free environment.

After becoming familiar with the language and research surrounding the LGBTIQ+ communities, participants have the opportunity to learn firsthand from the lived experiences of an LGBTIQ+ person, growing their empathy for the unseen, day-to-day experiences of LGBTIQ+ people.

Through a series of exercises and group discussions, participants will then explore practical ways in which they can support the LGBTIQ+ people in their lives and become even stronger allies.

Our patient and experienced facilitators will encourage participants to make the most of this unique opportunity by asking the questions they may not feel comfortable asking elsewhere throughout the workshop.

***For further information or to request a quote - please email: hello@queertown.com.au**